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Vol. 1.

MARCH, 1907.

No. 8.

Normal School Bulletin.

A MAGAZINE FOR
TEACHERS AND STUDENTS.

C. W. DAUGETTE. M. Sc., Editor.

Announcement of The Review Term for Teachers

PUBLISHED QUARTERLY BY THE
BOARD OF DIRECTORS OF THE STATE NORMAL SCHOOL,
JACKSONVILLE, ALA.

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Board of Directors.

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HIS EXCELLENCY, B. B. COMER, GOVERNOR.

H. C. GUNNELLS, SUPERINTENDENT OF EDUCATION.

CLARENCE WILLIAM DAUGETTE, PRESIDENT OF FAC-
ULTY.

BY APPOINTMENT.

	TERM EXPIRES
WAT BROWN, RAGLAND,	March 13, 1907.
J. A. NICHOLS, CHILDERSBURG,	March 13, 1907.
I. L. BROCK, CENTER,	March 13, 1909.
A. A. HURST, EDWARDSVILLE,	March 13, 1909.
W. M. HAMES, JACKSONVILLE,	March 13, 1911.
JNO. C. FORNEY, BIRMINGHAM,	March 13, 1911.

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MARY C. FORNEY,

Pedagogics and Metaphysics. (Graduate State Normal School '94; teacher in public schools '94-'96; summer work at Monteaule '98, at University of Chicago, '01 and '02, Columbia '05; Pedagogy in State Normal School '97—.)

ELIZABETH PRIVETT,

Mathematics and Book-keeping. (Graduate State Normal School '92; teacher in public schools '92-'94; graduate Peabody Normal College '95; teacher in public schools '99; summer work at the University of Chicago '01 and '02, Columbia '05; Mathematics in State Normal School '97—.)

EXA HAMES,

Class Music and Librarian. (Summer work University of Chicago '01; Class Music State Normal School '01—.)

E. M. MURPHY.

A. B. Bethel College, Ky., '95; University of Chicago, Summer Quarter '01; graduate student in English, University of Chicago, Summer Quarters, '02-'04; Summer School of the South, '03; Principal LaFayette High School, LaFayette, Ky., '96-'99; Principal Leighton Ave. School, Anniston, Ala., '99-'02; teacher of English and Latin, State Normal School '02-'03; Principal Hayneville High School, Hayneville, Ala., '03-'04; Principal Arcadia High School, Arcadia, Fla., '04-'05; English in State Normal School '06—.)

MARY C. FORNEY,

Painting, Free-hand Drawing and Physical Culture.

R. G. HAFLING,

Manual Training and Art. (Student and assistant teacher Ruskin College, Glen Ellyn, Ill., '02 to '05; Pd.B., Colorado State Normal School '06; Manual Training Public Schools Los Animas, Colo., fall term '06; Alabama State Normal School '07—.)

ALPHA P. RASOR,

Assistant in Science (Graduate Due West Female College, S. C. '04; teacher in public schools '04-'95; in High Schools, S. C., '95-'97; in South Carolina Baptist Orphanage '97-'98; in High School, Texas, '01-'03; L. I. and B. Sc. Peabody College for Teachers and University of Nashville '01; summer work at Vanderbilt University '00 and at University of Chicago '05; Assistant in Science State Normal School '03—.)

MRS. L. J. RAY,

Expression and Domestic Science. (Student of Dramatic Art, Higbee School, Memphis, Tenn., '01, Neff School of oratory, '92; teacher of Elocution, Brooks Hall, Media, Pa., '92-'93; teacher of Elocution, Centenary College, Lampasas, Tex., '93; teacher of Elocution, Columbia College Van Alstyne, Tex., '95; special student under Mrs. Ida Hood, supervisor of Domestic Science and Art, Nashville public schools, '02-'03; teacher Domestic Science for Y. W. C. A., Nashville, '03; student of Summer School of the South, Knoxville, '03; graduate of Thomas Normal Training School, Detroit, Mich., '04; teacher Domestic Science and Art, and Expression, State Normal School, '04—.)

SAMUEL GAYLE RILEY,

A. M. Georgetown College, '95; A. B. Princeton University, '96; special student, University of Michigan, '96-'98; Professor of History, Brenau College, '00-'03; Principal Grand Cave High School, '03-'04; Professor of German, Southwestern Baptist University, '04-'05; Associate President Anniston College, '05-'06; History in State Normal School '96—.)

FLORENCE WEATHERLY,

Penmanship, Shorthand and Typewriting.

W. R. HIGHTOWER,

Principal Training School. (Graduate State Normal School Jacksonville, Ala., '03; Summer School at Knoxville '04; Principal Training School, '05—.)

M. E. KLINGER,

Primary Department. (Graduate Oswego State Normal School, N. Y.; Intermediate Department State Normal School '99; Teacher in Training School '99—.)

LEMUEL JOHNS,

Intermediate Department. (Graduate of State Normal '97—.)

Critic teacher (to be supplied.)

FLORENCE WEATHERLY.

Secretary to the President.

GEORGE CHAMPION, KELTON CHAMPION,

Janitors.

Normal School Bulletin

FOR

TEACHERS AND STUDENTS.

PUBLISHED QUARTERLY:

OCTOBER, DECEMBER, MARCH, JUNE.

No Subscription Fee Is Charged. All Who Desire to Receive the Magazine Will Please Send Their Names.

VOL. 1.

MARCH, 1907.

No. 8.

Editorial.

This number of the Bulletin is largely an announcement of the review term, though some general information concerning the work of the school is given which is thought will be of interest to those who expect to enroll for this term.

The enrollment in the school at this date is the largest in the history of this institution and this is saying a good deal when it is considered that the attendance has grown over twelve hundred per cent. in seven years.

Improvement in number however, is not the most encouraging feature for the personnel of the school is conspicuously high. There are 16 members of the graduating class and 55 have been enrolled in the First Grade class. It must be remembered, too, that possession of a First Grade

State Certificate is a prerequisite for entrance to the Senior Class.

Governor Comer's message on Education supplemented by his inaugural address is without doubt one among the ablest and most fearless state document upon this subject delivered since Alabama has been a State.

The Governor calls for substantial aid for all the schools beginning with the Common Schools and extending through the University, this aid to be limited only by the ability of the State. He desires that the four years of his administration be marked by substantial constructive progress along all educational lines.

Alabama is to be congratulated upon having a Governor who clearly sees that the education of the people is one of the chief functions of the State, if indeed it is not the highest one.

Review Terms For Teachers.

This term begins April the 9th and continues till the examination in July, twelve weeks.

It was organized to accommodate teachers who have to spend a part of the school year in teaching and who have to depend upon spring and summer work for advancement in their profession.

That this arrangement meets a pressing need and furnishes many teachers of Alabama the opportunity which they are seeking, is proven by the large attendance which always marks this term. It opens at a time when nearly all the rural schools of the State have closed, it continues long enough to afford the teachers who enter considerable time for real study, which results in true progress, and on the part of a great majority, a higher certificate and a better salary, the next session.

ESTIMATE OF EXPENSES.

Board and lodging for the review term	\$30.00
Incidental fee " " " "	4.00
Laundry " " " "	3.00
Books—(State adopted as far as they go)	4.00
	<hr/>
	\$41.00

This of course represents necessary expense.

Information.

GENERAL DIRECTIONS.

A 'bus meets all trains passing Jacksonville. Students, upon arriving, should ask for the President's office. All ladies will be met at the depot by a representative of the School if information is given as to the time of arrival. The Y. M. C. A. and Y. W. C. A. maintain committees to meet and assist all students, male and female, who let the time of their arrival be known.

A list of approved boarding houses with rates are furnished to all who apply.

Parents desiring the President to take special oversight of their sons and daughters will please make it known before they send them to Jacksonville.

BOARD.

Board may be obtained in private families at \$10.00 to \$12.00 a month. Other expenses are reasonable. The expenses, including everything may be held within the limit of \$100.00 per session.

Many students rent rooms and do their own cooking, thereby reducing the cost. Some report to the president that their board in this way costs from \$2 to \$5 per month. Rooms can be had for \$1.50 per month up, according to location, quality and furnishing. A list of those who have rooms to rent will be given upon application to the President.

SOCIETIES.

The training class devotes one hour each Saturday to general literary work, the basis of which is recitations, readings and debates, and such other subjects are introduced as prove of interest and profit to the students. In the Normal School four societies are maintained: The "Calhoun" and the "Morgan" for the gentlemen, and "Girls' Chapter" and "Curry" for the ladies. These societies are all under the direction of the Normal Faculty, but are officered and controlled by the students. Their work is mainly of a debating character, but other subjects for thought and expression are presented from time to time.

Y. M. C. A. AND Y. W. C. A.

h organizations are in active operation in the school. Much good is accomplished through their wholesome influence upon the students.

They aid in Physical Culture and Athletics, and stand for purity in sport.

Committees from these organizations meet new students at the depot and assist them in making all arrangements.

The officers for this year are:

OF Y. M. C. A.

President	C. C. Mosely.
Vice-President	H. T. White.
Secretary	W. S. Leatherwood.
Treasurer	J. W. Meacham.
Corresponding Secretary	J. E. Middlebrooks.

OF Y. W. C. A.

President	Miss Winnie Milligan.
Vice-President	Miss Laura Waites.
Secretary	Miss Ada Milligan.
Treasurer	Miss Mattie Braswell.

ACADEMIC REQUIREMENTS.

Applicants for admission to the third grade class must be able to read ordinary prose and poetry understandingly, to write a composition or letter in correct form, to spell words in common use, to work Arithmetic through common fractions, and must know elementary Grammar.

Those who desire to enter the second grade class must stand an examination equal to the third grade State examination.

To enter first grade an examination equal to second grade State examination must be passed. To enter the life class, one equal to first grade.

Teachers who hold a third grade State certificate or who have held it, may enter the second grade class without examination; those who hold second grade may enter first without examination.

GRADUATE COURSE.

Graduates of High Schools or Colleges who hold first grade State certificates have the privilege of taking one year's professional course, the satisfactory completion of which will entitle them to a Normal diploma.

The Professional Course consists of History of Education, Theory and practice, Psychology in Education, Methods in Education, Manual Training and Industrial Arts that can be put into the public schools, Observation and Practice teaching, and a course in Pedagogical Reading.

STATE EXAMINATIONS.

Entrance examinations will be held on the first days of the school session, and at such other times as may be most convenient for the students who enter during the course. They are given not to determine how much one knows, but his ability to do work. This school looks more to what one knows and can do when he leaves rather than when he enters. Very few examinations are given, merely as tests of scholar-

ship. Many questions are given, however, to make the student-teacher familiar with the form of examinations, and to direct his attention to the most important parts of the subject.

The regular work of this School meets all requirements of the State Board for examinations. In addition to that, we give as much professional training as possible.

The school year is divided into three terms. The first ends with the State examination in January; the second and the third, with the examination in July.

The State examinations are held in Jacksonville. One may prepare for an examination and for teaching, three, six or ten months, as he needs it.

ATTENDANCE.

No student can do himself justice by an irregular attendance upon his school duties; besides his own loss, he damages the proper course of the whole class. It is expected, therefore, that every student will come regularly, and will allow nothing to interfere with his regular attendance. Normal students will be dropped from the list for non-attendance, save where the cause is unavoidable.

GROWTH OF SCHOOL.

In 1899, 25 in Normal, 80 in School.

In 1900, 57 in Normal, 176 in School.

In 1901, 100 in Normal, 262 in School.

In 1902, 207 in Normal, 353, in School.

In 1903, 244 in Normal, 388 in School—45 Counties.

In 1904, 290 in Normal, 402 in School—49 Counties.

In 1905, 322 in Normal, 436 in School—52 Counties.

In 1906, 332 in Normal, 55 Counties and 5 States represented, 300 boarders.

*Increase in seven years of over 1,200 per cent.

Domestic Science.

The object of this course in domestic science is to enable the pupils to prepare and serve a meal in the most attractive and healthful way. Economy is emphasized.

1. Discussion of Carbohydrates and Temperature for cooking all starchy foods. How to detect the presence of starch. Its digestion in the body. Differences between a tuber and a root. Value of an Irish potato and ways of cooking it.

2. The chief uses of food, in repairing the wastes of the body. Proteids, tissue building, construction of an egg. The number which will sustain a working man per day. Why an egg should never be boiled. Ways to soft cook and hard cook an egg. Its use as a leaven, preparing an omelet.

3. Milk—Why it is a perfect food for the young. Amount of water and solids in milk. Changes in milk. Effect of heat, acids and rennet on milk. Practice work.

4. Butter and cheese. Preparation of butter. Old and new methods. Adulteration of butter. Manufacture of oleomargarine.

How to detect difference between the latter and butter.

Different kinds of cheese. What part of milk used in making it. Varieties in various parts of the world. Making of "Dutch cheese" in the class.

5. Vegetables—Definition of the term. Different groups. Starchy and Nitrogenous. Legumes as food. Antiquity of some of the common vegetables. Practice work. Cooking of vegetables.

6. Cocoa and chocolate, where found and how prepared. Effect on the digestion. Its manufacture in America. Practice work, preparing the drink from a health standpoint.

7. Principles of tender meat cooking, and tough meat cooking. Composition of proteid food. The different cuts of beef. Practice work.

8. Flour—Different kinds—bread and pastry. Its manufacture. Samples of wheat shown from first stage to where it is converted into flour. Practice work.

9. The principles of bread making. The yeast plant. Making of bread.

10. Olive oil and its substitutes. Adulterations used in so called olive oil. Salad served with mayonnaise.

11. Fats—The use of fat, as a heat giver. Best fat for frying. Difference between deep fat frying and sauteing. Making of croquettes.

12. Menu-building as based upon chemical composition of foods. Experiments with starchy foods—proteid foods. Two hours per week.

This course is open without extra expense to students of all grades who desire to take it.

SEWING.

Materials and models suitable for the different grades. Learning the stitches.

Cotton goods—Cotton in its earlier stages discussed. Visit to the cotton mill at Jacksonville, showing no waste of material.

The beautiful as well as the useful stitches are taught. And for the more advanced the draughting of their own patterns.

This course is optional, and open to all who may desire to take it. Three hours per week.

MRS. RAY.

Science.

AGRICULTURE.

THIRD GRADE—Maintaining and restoring the fertility of land, with emphasis on deep preparation, shallow cultivation, cover and leguminous crops, commercial fertilizers, keeping of live-stock and rotation of crops; budding and grafting; planting, cultivation, and the care of orchards and vineyards; standard types of live stock; feeds and feeding

beautifying school buildings and grounds, will be discussed in this course.

The material found in the state adopted book will be supplemented in the class room and by practical work. Three hours per week required.

SECOND GRADE—In addition to the work outlined above, the student's attention will be directed to questions that bear on the commercial side of the subject, as supply and demand; and also to such principles of nature as the relation between function and structure, and between inactivity and atrophy. Two hours per week.

MISS RASOR.

GEOGRAPHY.

THIRD GRADE—An effort will be made to give the student a working basis by helping him understand such fundamentals as direction, motions of the earth and their effects, latitude and longitude, climate as influenced by latitude, prevailing winds, ocean currents, etc., and the relation between physical and commercial conditions.

Alabama will be studied closely from the physical, political and commercial standpoints. United States, with her foreign possessions, the other countries of North America and those of South America will be studied along the same lines; as will also, in a small degree, the continents of Europe, Asia, Africa, and Australia. Three hours per week.

SECOND GRADE—A complete review of general geography, physical, political, and descriptive, with special emphasis upon that of the U. S.

Home geography is taken up, the drainage of Jacksonville, topography of the surrounding country, plants, animals, and climate, effect of all upon industries of the people, the formation of communities, and the regulation of population. This plan is extended to the county, the physical division, and to the state, and less in detail to the U. S. and in general principle to the continents.

Very little memory work is done. The aim is to teach

the science of geography by looking behind effects for cause and establishing the relation between the two and determining the bearing of all upon the life of the people today. A second rapid review is given in which the work is summarized, the principles emphasized, the relations of the continents traced, the universal brotherhood of man established. Sets of questions are given covering the entire subject. Three hours per week.

MR. DAUGETTE AND MISS RASOR.

PHYSIOLOGY.

THIRD GRADE—At the review term many students come to us with some knowledge of physiology, but oftentimes this knowledge consists of uncorrelated facts that are of little value in regulating habit. An effort will be made to help them correlate the facts they have in mind, see what they mean and how they may be applied in caring for that animal which, despite his superior intellect, is the sickest of all. As much dissecting of organs from the butcher's shop will be done as is practicable, and a full set of questions will be given at the close of the term. Two hours per week are required.

SECOND GRADE—The work will be carried on as outlined for the third grade, and will be supplemented in the class room and by parallel reading. Two hours per week are required.

MISS RASOR.

CHEMISTRY.

FIRST GRADE—A review of the fundamental principles of the subject and of a few common elements with their compounds, together with individual laboratory work will be given. Applicants for this course should have had one-half year's work in chemistry, and be able to give it four hours per week.

Regular courses in qualitative and quantitative analysis will be given also. Applicants for this work should have had not less than one year's work in general inorganic chemistry, and be able to give it six or more hours per week.

To cultivate in the student the idea of exactness; the power to observe, to draw correct conclusions, to express his thoughts accurately; to help him realize that conditions do determine results; and to direct his attention to the intimate relation of industries to chemistry, are among the aims of these courses.

MISS RASOR.

Physics.

A general review of a high school course is given, including the following:—Units of measurement; Fluid pressure, with appliances for determining and utilizing it; Dynamic; Laws of motion; composition and resolution of forces; The pendulum; Units of work; Energy; Machines; Heat; Thermodynamics; Sound; Light; Images in Mirrors; Rainbows; Color. Also a brief course in electricity, giving means of generating it, its simpler laws and its ordinary applications.

MISS RASOR.

Manual Training.

The aim of the Manual Arts Department will be:

- 1 To give the student as much training in drawing and construction work as the time will permit.
- 2 To prepare the student to introduce several phases of drawing or construction work into rural schools.

COURSES OF STUDY.

MANUEL COURSE:— Paper-folding, working drawings, cardboard construction, venetian iron, basketry, thin wood work, advanced wood work, clay moulding.

In this course, the student will be given work according to his ability and interests.

DRAWING COURSE:—Outline drawing, light and shade, drawing from nature, applied design, water color.

This course will proceed in the order here named and will be the same for all students.

All the work of this department will be of such a nature as to appeal to the student's utilitarian interests, develop in him artistic tastes and a love of the beautiful, lead him to understand something of the relationship of each art to the great out-of-school world and to the history of industrial effort, and enable him to see more, feel more, do more thereby to become a more efficient worker in the great field of education.

MR. HAFLING AND MISS FORNEY.

History.

THIRD GRADE—The Third Grade will continue its study of the History of the United States, beginning with the War between the States and ending with the Expansion of the United States following the war with Spain. A review will follow, of the whole period of American History, in which will be traced in broad outline, the main current of events from 1492 to the present time.

SECOND GRADE—The Second Grade will devote the entire term to a rapid and thorough review of the History of the United States and that of Alabama. The plan is to correlate these two courses in such manner that their necessary connection may be made clear.

FIRST GRADE—The First Grade will continue the course in American History, beginning with the period of the Democratic Revolution and ending with the close of Reconstruction in the South. The text-book for the third term will be Prof. Woodrow Wilson's "Division and Reunion."

LIFE CLASS—The Life Class will continue the course in European History, beginning the term with a study of the French Revolution.

MR. RILEY.

Pedagogy.

It is the purpose of this department to study the ideas of eminent educators on school subjects, and to discuss present conditions and ways and means of educational progress.

THIRD GRADE—The term will be given to the study of McMurry's Method of Primary Reading. SOME TIME will be given to story telling and supplementary reading and observation of a primary reading class. Time, two hours per week.

SECOND GRADE—The time will be divided between discussions of subjects treated in Seeley's Foundations of Education and lectures on how to teach reading, the lectures intended to show the aim, value, methods, psychology of reading, and the value and kind of supplementary reading. Time, two hours per week.

FIRST GRADE—The greater part of the term will be given to discussion of general method, showing the laws and operations of the mind, and to method applied to the different subjects. Text-book Roark's Method in Education. There will be a review of Roark's Psychology in Education and of Page's Theory and Practice of Teaching and Seeley's History of Education. Time, three hours per week. Lectures on Alabama School Laws will be given by the President during the last week.

LIFE CLASS—Aims; to show the far-reaching effect of environment upon children and to discuss the need and ways and means for the teacher's continual growth and development. Text-books, Halleck's Central Nervous System, James' Talks for Teachers. Time, three hours per week.

MISS FORNEY.

Music.

The arrangement of the books we use, the Natural Music course, is especially adapted to the purpose of review, each cycle of work beginning with simple exercises and ending with dictation study. First, the student is introduced to the key of C and after mastering this he goes from the Charts to simple dictation exercises. Second, exercises in rhythm. Third, chromatic scale study. Fourth, exercises in Minor keys. Fifth, two-part exercises. Sixth, three-part exercises. Seventh, four-part exercises.

Each element is accompanied by an illustrative song. Lessons from the Charts are given daily in progressive order.

The matter of changing the key, that is, singing to any tone of the scale and assuming it to be a new starting point is practiced till one is able to transpose all keys containing sharps and flats to the key of C.

All the patriotic songs are taught and songs suitable for school use are practiced so that teachers can put this to practical use in their schools.

MISS HAMES.

Expression.

The two mediums through which we express ourselves. The evolution of expression and the importance of the sixteen stops, for its proper development. The necessity for correct breathing, as voicecapacity depends upon it.

Deep breathing develops the chest.

The ideal state of development, is equal responsiveness, physical and mental.

Gesture developed according to psychologic laws.

Expression to be true must be spontaneous.

The pupil must be taught to respond to the author's thought, as to his own.

Much reading aloud is necessary.

The importance of distinct and correct articulation.

MRS. RAY.

For further information address the president.



The following is the representation of the different counties of Alabama in the enrollment of the Normal School this session, 1907:

Marengo,	7	Jefferson,	10	Monroe,	1
Jackson,	1	St. Clair,	6	Cullman,	4
Lawrence,	2	Tallapoosa,	5	Lowndes,	3
Clay,	5	Clarke,	3	Shelby,	2
Blount,	4	Chambers,	12	Lee,	3
Calhoun,	61	Talladega,	6	Escambia,	3
Bibb,	6	Marion,	6	Conecuh,	1
Cherokee,	10	Morgan,	3	Randolph,	4
Coosa,	17	Montgomery,	1	Henry,	1
Wilcox,	3	Etowah,	6	Autauga,	2
Fayette,	7	DeKalb,	4	Franklin,	4
Cleburne,	7	Lamar,	8	Chilton,	2
Marshall,	8	Perry,	4	Barbour,	1
Tuscaloosa,	6	Walker,	5	Limestone,	2
Washington,	2	Madison,	3	Dallas,	1
Bullock,	1	Greene,	1	Houston,	1
Winston,	3				

Total 49 Counties.

Of these, 21 are teachers holding first grade, 57 second grade, and 42 third grade.