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4-7-2021

## **Full Board Review 4-7-2021 | Institutional Review Board**

Erin Rider

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# Jacksonville State University Institutional Review Board

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**Full Board Review:** April 7, 2021: Conducted via Zoom.

**Title of Study:** Power Hour

**Attendees:** Lynn Garner, Jennifer Mead, Kim Westbrook, Dr. Erin Rider, Dr. Mary Anne Templeton, Dr. Douglas Stephens, and Dr. Michael Wetherholt.

**Absent:** Dr. Justin Bagley

## **Notes**

The meeting started with introductions. Erin discussed the process of the IRB and how this application gives the newly formed IRB a chance to meet each other and discuss processes.

Erin started the meeting for open discussion of the application. She stated that we can incorporate the feedback from Justin too.

Mary Anne stated that Troy asks a prisoner representative to review the application. Even though this research is not funded by Health and Human Services (HHS), this will cover institution. Mary Anne shared contact information for the prisoner representative with the JSU team.

Erin stated the review would be helpful and recognize the vulnerability of the prison population. Erin stated that we will follow-through with that suggestion.

Kim had a question about the personal trainer: Romen McDonald. What are their credentials? If Romen McDonald has worked with prison populations in the past?

Additional questions were discussed around medical records: Who can view this record? Will the trainer have access? What about paper information? Medical and signature form? Pre and posttest? There is a confidentiality plan in place for if this is digital or in a database. Kim would like to see how the paper records are kept confidential and timeframe.

## **OSP**

1) Ask the prison rep to review the application. OSP will take care of sending the package to the prison rep.

## **Points to address for Donna:**

2) Are the participants going to be literate?

3) Are all participants going to be English-language speakers?

4) How will eligibility be determined if there are more than 35 participants?

5) How will paper records be kept confidential?

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6) What does the cardio challenge involve?

7) What is the plan in place if someone incurs injury?

8) Who has access to the paper or digital medical records and where are they stored?

9) What are the qualifications of the trainer?

10) In the consent, it states that the prisoner can end the exercise at any time. A verbal statement would be great to include, "you can withdraw at any time from the session." The IRB member does not want the prisoners to feel pressured to continue.

11) The flyer is written in cursive script. This font can be hard for people with low literacy levels to read and understand. Please consider changing this font.

### **Motions**

- Mary Anne – recommends two votes: 1) deny it today 2) approve with revisions for chair to approve
- 1<sup>st</sup> Vote: Denies – Erin, Mary Anne, Kim, and Douglas
- Erin made motion for approval if revisions are made: Approve – Erin, Kim, Mary Anne, Douglas